

Resources for Parents (see disclaimer below)

www.MiriamGrossmanMD.com – for information on the dangers of social affirmation and medical transition, the history of gender ideology and more. If you aren't familiar with the history of gender or want a refresher, here's Dr. Grossman's "Genderland" chapter from her 2009 book "You're Teaching My Child WHAT?" [GenderlandChapter.pdf](#)

www.SEGM.org – Society for Evidenced Based Gender Medicine

childparentrights.org – law firm defending parents' rights – includes school resource guide

pitt.substack.com – Parents with Inconvenient Truths about Trans – Powerful essays

post-trans.com -- personal stories from female detransitioners and desisters

ourduty.group – supporting parents challenging medical transition

genderexploratory.com -- has list of therapists

<http://genspect.org/guidance-for-parents/>

<https://genderdysphoriasupportnetwork.com/groups>

gendercriticalresources.com/Support -- for parents

<https://www.partnersforethicalcare.com/list-of-resources>

<https://inspiredteentherapy.com>

[EPPC- Parent's Guide to Technology](#) - Control the Technology in Your Home

Two excellent books with practical guidance:

https://www.amazon.com/Commonsense-Care-Parenting-Gender-Confused-Transcripts/dp/B09ZCSTMXQ/ref=sr_1_1?keywords=commonsense-care-parenting-gender-confused-transcripts&qid=1666036886&qu=eyJxc2MiOilwLjk5liwicXNhIjoiMC4wMCIslInFzcCI6IjAuMDAifQ%3D%3D&sr=8-1

<https://www.amazon.com/Desist-Detrans-Detox-Getting-Gender/dp/B0932G8CF7>

Please note, this is an incomplete list. There are many more resources available.

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treatment, or advice from a qualified, licensed medical professional or therapist. Dr. Grossman bears no responsibility for the accuracy or content of the sites, books or resources listed or for the therapeutic approach of mental health providers listed on these sites.