

Resources for Parents of Gender-Confused Adolescents and Young Adults (see disclaimer below)

www.MiriamGrossmanMD.com – for information on the dangers of social affirmation and medical transition, the history of gender ideology and more. If you aren't familiar with the history of gender or want a refresher, here's Dr. Grossman's "Genderland" chapter from her 2009 book "You're Teaching My Child WHAT?" https://59bf6006-affc-4040-b0dd-44cbf31fa7fe.usrfiles.com/ugd/59bf60_f081488a4574466db89cc0a3439fa8ea.pdf

www.SEGM.org – Society for Evidenced Based Gender Medicine

<https://childparentrights.org> – law firm defending parents' rights – includes school resource guide

<https://pitt.substack.com> – Parents with Inconvenient Truths about Trans – Powerful essays

<https://post-trans.com> – personal stories from female detransitioners and desisters

<https://ourduty.group> – supporting parents challenging medical transition

<https://genderexploratory.com> – has list of therapists

<http://genspect.org/guidance-for-parents/>

<https://genderdysphoriasupportnetwork.com/groups>

<https://gendercriticalresources.com/Support/index.php> – for parents

<https://www.partnersforethicalcare.com/list-of-resources>

<https://inspiredteentherapy.com>

Two excellent books with practical guidance:

https://www.amazon.com/Commonsense-Care-Parenting-Gender-Confused-Transcripts/dp/B09ZCSTMXQ/ref=sr_1_1?keywords=commonsense-care-parenting-gender-confused-transcripts&qid=1666036886&qu=eyJxc2MiOilwLjk5liwicXNhIjoiMC4wMCIlInFzcCI6IjAuMDAifQ%3D%3D&sr=8-1

<https://www.amazon.com/Desist-Detrans-Detox-Getting-Gender/dp/B0932G8CF7>

Please note, this is an incomplete list. There are many more resources available.

DISCLAIMER: The information contained or presented on this list is for EDUCATIONAL PURPOSES ONLY. These resources are NOT intended to serve as a substitute for diagnosis, treatment, or advice from a qualified, licensed medical professional or therapist. Dr. Grossman bears no responsibility for the accuracy or content of the sites, books or resources listed or for the therapeutic approach of mental health providers listed on these sites.