

## Resources

(see disclaimer below)

[www.MiriamGrossmanMD.com](http://www.MiriamGrossmanMD.com) – for information on the dangers of social affirmation and medical transition, the history of gender ideology and more. If you aren't familiar with the history of gender or want a refresher, here's Dr. Grossman's "Genderland" chapter from her 2009 book "You're Teaching My Child WHAT?" [GenderlandChapter.pdf](#)

[SEGM](#) – Society for Evidenced Based Gender Medicine

[Advocates Protecting Children](#)

[Child & Parent Rights Campaign](#) – law firm defending parents' rights – includes school resource guide

[PITT Substack](#) – Parents with Inconvenient Truths about Trans – Powerful essays

[Parents of ROGD Kids](#) -- Parent Support Network

[Post Trans](#) -- personal stories from female detransitioners and desisters

[Our Duty](#) – offers parent support groups (US, Canada, UK, Australia)

[Therapy First](#) -- has list of therapists (formerly GETA)

[Genspect](#) -- guidance for parents

[Gender Dysphoria Support Network](#) -- parent support groups

[Gender Critical Resources Support Board](#) -- for parents

[Partners for Ethical Care](#) -- list of resources

[Inspired Teen Therapy](#) (+ parent coaching)

[EPPC- Parents Guide to Technology](#) -- control the technology in your home

Two excellent books with practical guidance:

[Commonsense Care: Parenting Gender-Confused Kids with Truth & Love: 35 Transcripts from the Video Series](#) by Erin Brewer Ph.D. and Maria Keffler M.S.Ed

[Desist, Detrans & Detox: Getting Your Child Out of the Gender Cult](#) by Maria Keffler M.S.Ed

Books for Children:

<https://realitybasedpublishing.com/> Proceeds go toward helping a detransitioner

Resources for Dealing with Schools, from [www.ChildParentRights.org](http://www.ChildParentRights.org):

\*[Sample Parental Notice](#) -- concerning your child and issues related to Gender Identity Ideology

\*[Sample Open Records Request](#) -- concerning your child's school records and files

Please note, this is an incomplete list. There are many more resources available.

**DISCLAIMER:** The information contained or presented on this list is for EDUCATIONAL PURPOSES ONLY. These resources are NOT intended to serve as a substitute for diagnosis, treatment, or advice from a qualified, licensed medical professional or therapist. Dr. Grossman bears no responsibility for the accuracy or content of the sites, books or resources listed or for the therapeutic approach of mental health providers listed on these sites.